Maimah

KARMO

Maimah inspires
individuals and leaders
to create heart and
soul-driven lives; to
fearlessly create their
bliss, with faith, sass
and love.

TRANSFORMATIONAL

EXPERT

AUTHOR

ENTREPRENEUR

PHILANTHROPIST

SPEAKER

COACH

MEDIA PERSONALITY

SPOKESPERSON

BRAND AMBASSADOR

BLISS BOSS





Maimah Karmo is an expert at turning challenges into triumphs. She has survived three wars, been held at gunpoint, been struck by lightning, is a single mother, and has survived breast cancer. She knows that we each have something unique to offer the world; and she teaches and inspires others how to find their unique gift, to thrive and "warrior" through!



Maimah's story began in Liberia, West Africa, where she was born. After surviving two wars in her native country of Liberia, during a third coup d'état, she fled to the United States at 15 years old, after her father put her on a plane, alone, to avoid persecution due to the war. She worked her way through college and created her version of the American Dream.

Maimah was raising a beautiful 3-year old when she was diagnosed with aggressive breast cancer. She had no family history and was 32-years old. While in treatment, Maimah made a promise to God that if she survived, she would create an organization to educate, empower, advocate for and support young women affected by breast cancer.

FEARLES

After her second treatment, **Tigerlily Foundation** was born. Using **cancer** as a **catalyst**, Maimah left her full-time, high salaried job with a global organization to follow her soul's purpose. She has been instrumental in helping to pass critical pieces of breast health legislation in Congress. She has become a media spokesperson for women's health, empowerment, advocacy and change.

In 2012, Maimah published Fearless: Awakening to My Life's Purpose Through Breast Cancer. In 2015, she launched Bliss Magazine, a quarterly digital publication to inspire people to live their bliss. She is a Huffington Post blogger and is a media commentator. Maimah will let nothing stand in the way of living her bliss, and helping others to live theirs too!

Maimah on the Scene

Maimah has appeared in USA Today, U.S. News and World Report, Black Enterprise, Oprah Magazine, Essence Magazine, Ladies Home Journal, Cosmopolitan, Seventeen, Good Housekeeping, Harper's Bazaar, Marie Claire, Redbook, Women and Cancer, Cure Magazine, Traditional Home Magazine and more. She has also been featured on Fox, ABC, CBS, the Oprah Winfrey Show, Good Morning America, MSNBC and more. She is a highly sought after speaker for Congressional policy and advocacy events. She is a media personality, regularly called upon to speak as a health, leadership, advocacy and empowerment expert. She is also a philanthropist who supports various charitable causes, a mentor to many and a life coach. Maimah believes, "Service is the rent we pay for living." Charity is not just something we do, it's a way of life. It is incumbent upon each human being to find their "thing" and live, love and give it all they've got.



COSMOPOLITAN







BLACK ENTERPRISE



redbook



BAZAAR



In 2009, Maimah was awarded the L'Oreal Paris'
Woman of Worth award. In 2010, she received
the Congressional Black Caucus Leadership in
Advocacy Award, and the Running Start "Women
to Watch Award." Maimah has also given a Tedx
Talk.

In April 2015, Maimah served on the accomplished Women panel for the 2015 National Cherry Blossom Festival. Maimah is an Ambassador for National Women's Health Week.

Speaking Topics:

- Achieving Balance
- Branding
- Change and Innovation
- Communication
- Entrepreneurship
- Faith
- Family
- Fitness
- · Health and Wellness
- Immigration
- Leadership
- Life Design
- Mother/Daughter Relationships
- Motivation and Inspiration
- Nutrition
- Overcoming Challenges
- Parenting
- Personal Development and Growth
- Productivity
- Working Motherhood
- Social Change
- Soul Purpose
- Suicide Prevention
- Transformation
- · Women's Issues

CONNECT WITH MAIMAH

TRANSFORMATIONAL EXPERT | AUTHOR | COACH | MEDIA PERSONALITY | BLISS BOSS



TO BOOK MAIMAH AS A SPEAKER, FOR A MEDIA APPEARANCE, AS A BRAND SPOKESPERSON, OR FOR OTHER BUSINESS OPPORTUNITIES, CONTACT HER AT MAIMAH@MAIMAHKARMO.COM OR AT (202) 792-9482.